



CLIENT INFORMATION FORM

Name: _____ Birth date: _____ Age: _____

Address: _____ City, State, Zip: _____

Telephone: (Home) _____ (Work) _____ (Cell) _____

Email: _____

What is your preferred method of contact? _____

Emergency Contact Name, Relation and Number: _____

Educational Background: _____

Current Place of Employment: _____

Who referred you or how do did you find out about this service? _____

Are you experiencing any of the following? (Check all that apply)

Feelings: _____ Numbness _____ Sadness _____ Loneliness _____ Anxiety
 _____ Fatigue _____ Shock _____ Fear _____ Helplessness
 _____ Relief _____ Depression _____ Guilt _____ Anger
 _____ Freedom

Thoughts: _____ Disbelief _____ Confusion _____ Preoccupation
 _____ Deceased is Present _____ Hallucinations
 _____ Harming Myself _____ Harming Others

Behaviors: _____ Sleep Problems _____ Dreams _____ Restlessness
 _____ Absentmindedness _____ Change in Appetite _____ Substance Abuse
 _____ Searching/Calling out _____ Avoiding Reminders _____ Social Withdrawal

To whom are you currently going for emotional support? _____

Please list all medications you are currently taking, the reason for taking them, how long have you been taking them, and the name of the doctor that prescribed them: _____

Have you ever been in therapy/counseling before and for what reasons?

What is the reason for seeking out counseling? _____

What are your goals for therapy? _____

Current relationship status: _____ (Married, Single, Divorced, Widowed, Living with Someone)

Name: _____ Age: _____

Please list all members of your immediate family (Children/Step/Grand, Parents/Step/Grand, Siblings, Other Close Relations), their ages, and a brief description of your relationship with them: _____

Is there anything else you can think of that will be helpful for me to know about you? _____
